



ASSOCIATES IN WOMEN'S HEALTH, P.A.
Obstetrics & Gynecology
Member of the Minnesota Women's Health Consortium

**Over the Counter Medications You
May Take During Pregnancy**

Please call if you have any questions

Problem

Medication

Constipation

Increase fiber and liquids
Citrucel, Colace, Doxidan, Metamucil, Milk of Magnesia,
Peri-Colace, Fibercon, Senokot, Senokot-Plus

Hemorrhoids

Preparation H Suppositories, Anusol HC, Tucks Pads

Indigestion

Gelusil, Pepcid AC, Riopan, Titalac Plus, Tums, Tagamet,
Gas-X, Zantac, Calcium Rich Rolaids, Maalox or Mylanta if
no relief

Diarrhea

Imodium-AD, Kaopectate

Headache/Fever/Pain

Tylenol, Extra Strength Tylenol,
NO Aspirin containing drugs or nonsteroidal anti-
inflammatory drugs

Yeast Infections

Gyne-Lotrimin, Monistat
May require treatment for 14 days

Colds
Upper Respiratory Infections

Tavist, Chor-Trimeton
Sudafed, Sinutab, Tylenol Cold
Actifed Cold & Allergy, Sudafed Plus, Tylenol Multi-
symptom Formula, Claritan D, Theraflu, Tylenol Sinus,
Tylenol PM, Vicks, Dayquil
Cough Drops, Robitussin Cough Syrup
Increase liquids and rest

Others

Benadryl, Dramamine, Hydrocortisone 1%, Calamine Lotion,
Caladryl, Sunscreen (adult and children)